

THE PRICE OF POST-SECONDARY

BY: ÉLISE ROY (10)

PHOTO CREDIT: ONLINE SOURCE



PHOTO CREDIT: ONLINE SOURCE

For many students nearing graduation, the prospect of post-secondary education fees is daunting. Which programs take the biggest bite out of your bank account? Will you stay at home, or live on campus? How will you balance the cost of your education with the cost of your social outings and hobbies? The milestone of graduation signifies the transition into adulthood. Attending university is a new, exciting time in your life, but it comes with debts to pay. Here's the roundup of expenses you may encounter if you plan on attending a post-secondary institution in Canada.

The cost of tuition varies depending on the program you choose. For instance, at UBC, students pursuing the Arts program will pay around \$5,399.10 yearly. Applied Sciences (Engineering) is more expensive, at \$6,298.95 per year. Media Studies is even more costly at \$7,185 per year (note that all costs pertain to Canadian citizens or permanent residents. Costs will vary for international students). Similarly, the cost of books will vary by program. Programs that are more costly will generally have more expensive books. On average, the amount that a Canadian student spends on books per year is \$773.

According to Maclean's magazine, in total, the average Canadian student will spend \$19 498.75 on

university education yearly. This figure includes not only tuition, but the cost of living and recreation.

If you're graduating from Hamber this June, it is likely that you already know which post-secondary program you will be attending. However, you may not have thought about the assets you will need to pay for when you are on your own. It is important to consider whether you will be staying at home, living on campus, or renting a place of your own. At Simon Fraser University, the cost for residence per term ranges from \$3,100 to \$3,500, plus a meal plan at an additional \$2,220 per term.

Don't want to live on campus? If you're moving out or finding a roommate, don't forget to consider the expenses that decisions entails. You may need to pay for auto insurance or transit fares. The average Canadian university student spends \$390 yearly on transportation to and from campus. "Things your parents pay for are expenses that you take for granted," says Eric Hamber counsellor, Mr. A. Kwok (Counselling). "Groceries, your phone bill, auto insurance, and even toilet paper are items you will need to consider paying for once you're in university. When I first moved out, it was a shock to realize that I didn't even have plates or cutlery! Everyday essentials don't just appear in your house. Since you're an adult now, you'll need to pay for those."

HONOURING A LEGEND: KOBE BRYANT

BY: ERIKA CHUNG (10)

On January 26th 2020, a helicopter heading towards a basketball game at Thousand Oak's Mamba Academy carrying 41 year-old Kobe Bryant, his 13 year-old daughter Gianna Bryant, six family friends, and a pilot crashed into a Calabasas mountainside. All nine passengers did not survive the accident. Since that sorrowful day, family and fans of Bryant have gathered to pay tribute to the NBA legend and role model, and the eight other lives lost too soon.

The 18-time All-Star, 5-time NBA championship winner, and 2-time Olympic Gold medallist began playing basketball as a rookie, entering the sport professionally directly from high school as the top ranked player in the country. The 6'6" shooting guard spent all 20 seasons of his professional career playing for the LA Lakers. Modelling his playing style after Michael Jordan, he soon became known for the fall-away jump shot. From being awarded 2008's NBA MVP to achieving recognition as a two-time NBA Finals MVP, Bryant is widely recognized as one of basketball's icons and greatest players of all time.

He was the NBA's 3rd highest scorer until LeBron James passed him the day before his death. Bryant was the first player to achieve 30,000 career points and 6,000 career assists. Citing physical concerns, he retired after the 2015-2016 season.

Bryant's life however, was not without controversy. In 2003, Bryant was accused of sexual assault by a 19 year-old hotel clerk.

After the accuser's refusal to testify in court, the charges were dropped. Bryant later admitted to a sexual encounter, but denied assault charges. He apologized publicly, but the damage was done, eroding Bryant's public profile and causing losses to many sponsorships, notably McDonald's and Nutella.

The sports world honoured the legend by facilitating both 8 and 24 second shot clock violations, the two numbers worn by Bryant during his career.

The nickname "Mamba," from Quentin Tarantino's 2003 movie "Kill Bill," was adopted by Bryant to separate his on court and real life personas. He embodied the "Mamba Mentality," meaning "just trying to get better every day." In his titular self-published book, *The Mamba Mentality: How I Play*, Bryant details how he perceives basketball and his own personal insights on life and his overall career. His 2017 short-film, "Dear Basketball," won the Academy award for Best Animated Short Film.

The icon's name has become synonymous with accuracy, as gamers and primarily youth yell, "Kobe!" after throwing something at a targeted spot, in hopes of the name bringing luck to their aim. This trend has been one element leading to Bryant's name becoming common in all households, beyond just sporting fans. With a legacy spreading far beyond the court, Kobe Bryant's indubitable influence on the basketball community and modern culture will be forever memorialized.

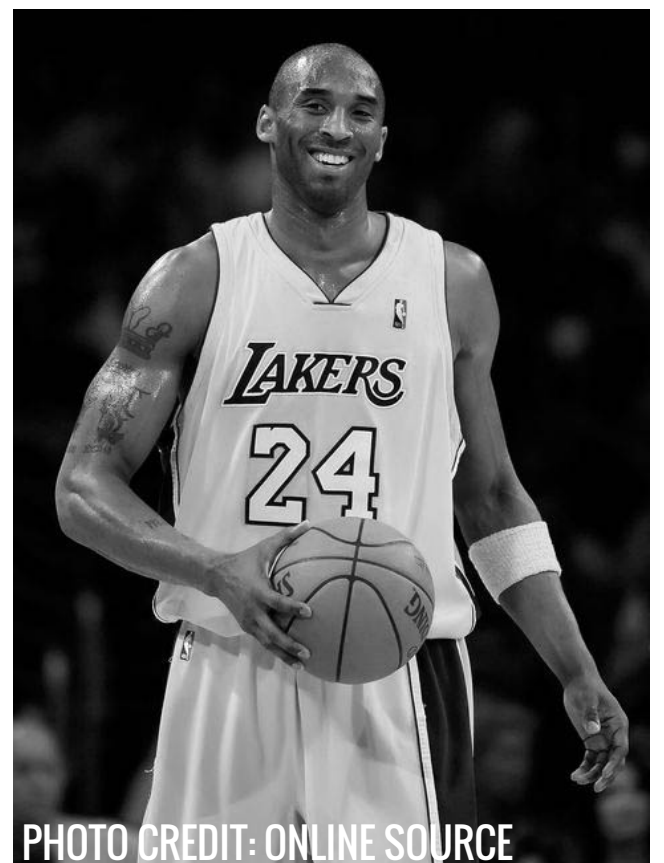


PHOTO CREDIT: ONLINE SOURCE

UBER AND LYFT HAVE ARRIVED IN VANCOUVER

BY: NISHA TIANGRATANAKUL (10)

After Sidecar launched in 2011 in San Francisco, ride-hailing has become an integral part of our transition into the gig-economy. Since then, ride-hailing services like Uber, Lyft, and Grab have taken over the streets, with 103.9 million users and an accumulative revenue of US\$60,116m since 2017, according to Statista Inc.. Everyone has been quick to jump on the bandwagon of the gig-economy mindset, however, the Vancouver municipal government was not so keen on the idea. Uber tried to branch out to Vancouver in 2012, but was “red taped” because of laws concerning flat-rates.

Applications to operate a TNC (Transportation Network Company) in British Columbia opened on September 3rd 2019, and a requisite insurance package became available on September 16th 2019. Subsequently, on January 24th 2020, both Lyft and Uber became operational in British Columbia, with Lyft operating in the PNE and YVR areas, and small regions along 41st Avenue, Dunbar Street, and Victoria Driver. Uber also began operating in Whistler and the entire Lower Mainland. Trying to kickstart their launch, both Uber and Lyft offered a \$500 sign-up bonus to help buildup their forces.

Thinking of signing up to become an Uber driver? Well unless you have a commercial driver's licence, you're out of luck. B.C. regulators have assembled some safeguards. Most prominently, local Uber and Lyft drivers will have to obtain commercial driver's licenses, something that only a few cities in the world have opted to do. While it may seem overly cautionary, B.C.'s government is on guard after witnessing the downsides of ride-hailing services in the US including criticized labour practices and an increase in traffic and emissions.

Studies in U.S. cities have shown that Uber and Lyft services increase traffic congestion, as people who normally walk, cycle, or take public transit instead opt for ride-hailing. The government hopes that strict data-sharing requirements, a stringent licensing scheme for drivers, and a long-term plan to mitigate added traffic including fees on curbside access and downtown streets at rush hour, will help make ride-hailing more sustainable in Vancouver.

So, next time you're busing along with the infamous 49 and decide to skip the cramped spaces and inconsistent schedule it entails, remember that ride-hailing is now—while more expensive—a convenient option.



PHOTO CREDIT: ONLINE SOURCE



PHOTO CREDIT: ONLINE SOURCE

AND WE'LL NEVER BE ROYALS...

BY: MARK PERALTA (12)

*As of February 24th 2020

On January 9th, 2020, as the United Kingdom was preparing to leave the European Union, another 'brexit' was announced. Prince Harry and Meghan Markle decided to take a step back from the royal family and pursue financial independence. In an Instagram post, the Duke and Duchess of Sussex announced that they wanted to “carve out a progressive, new role within [the Royal Family]” in which they would still support the monarchy while ending their reliance on royal grant money. This move will also get notorious British tabloids who have special permissions to cover the Royal Family, off their chest.

Although their official leave isn't scheduled until March 31st, their current privileges are gradually being reduced, including their loss of the “His/Her Royal Highness” title, as part

of a “transition period.” Harry and Meghan are spending this period on Vancouver Island and they plan to split their time of independence travelling between North America and England.

The announcement begs the question: is the Canadian government responsible for their safety? International law states that Royal Family members are considered Internationally Protected Persons, or IPP's. National governments are obligated to provide security details for IPP's residing in their countries, but there are doubts about whether or not the Sussexes qualify for this sort of protection. If Canada is deemed responsible, it would cost at least 1.7 million dollars, possibly funded with tax dollars. As their time as Royal Family members comes to an end, an exciting future as private citizens awaits Harry, Meghan, and Archie.

CONSERVATIVE PARTY LEADERSHIP RACE: WHO WILL REPLACE SCHEER?

BY: SPENCER IZEN (10)

February 27th marked the official deadline for the Conservative leadership race. To be eligible, one is required to submit the signatures of 1000 Conservative Party members across seven provinces/territories, as well as pay up front \$25,000 of the \$200,000 qualifying fee. The Party has begun the process of searching for a leader to replace the incumbent Andrew Scheer. The current candidates that met the first round were Peter MacKay, Erin O'Toole, Leslyn Lewis, Marilyn Gladu, Derek Sloan, Jim Karahalios, and Rick Peterson. Of the all the candidates, the two best-known were Peter MacKay and Erin O'Toole, both being former Cabinet ministers under former Prime Minister, Stephen Harper.

The next step for all these candidates is to start fundraising without the assistance of listed party members and submit a second list of 1000 signatures. Fundraising amounts here should total to \$125,000. The final step requires the successful candidates to submit yet another list of 1000 signatures and the

final qualification fee of \$150,000. All three rounds total to \$300,000, making this the most expensive party leadership race in Canadian history. Successful round three candidates will also have ascertained 3000 signatures nationally.

Looking back at the last leadership race in 2011, getting to the final round is no easy feat. 14 candidates put their names in the hat, with only nine of them making to round three with over \$300,000 over a significantly longer race than previous years. The average number of days to fully finance was 143 days. In contrast, the deadline for the 2020 contest is March 25th, spanning only 27 in between rounds.

Candidates who have met the round three requirements will move on to the debate segment of the race. There will be two debates, one in English and one in French, held on April 17th and April 23rd respectively. The Party's final Election Day is June 27th where the successor to Andrew Scheer will be chosen and announced.

PHOTO CREDIT: ONLINE SOURCE



A TIMELINE OF COVID-19

BY: DEAN ROHMAN (10) AND
ÉLISE ROY (10)

December 31, 2019: Chinese officials in Wuhan, treat 44 patients for pneumonia of unknown cause. A new virus is identified, and researchers work to keep the virus from spreading and causing widespread issues.

January 7, 2020: The novel variety of coronavirus is identified and isolated by Chinese officials. In reference to other strains of Coronavirus, such as SARS, the World Health Organization prepares countries to be ready in case of worldwide spread.

January 11, 2020: The World Health Organization receives word that the virus stemmed from a seafood market in Wuhan. China reports its first death caused by the virus: a 61-year-old man who regularly visited the market where the virus originated. However, it is known that he had previous health problems.

January 20, 2020: New cases are reported in other countries: the United States, Japan, South Korea, and Thailand. Every person who contracts the virus has returned from Wuhan, China.

January 23, 2020: The entire city of Wuhan is given severe travel restrictions, essentially being put on lockdown. 11 million people are unable to fly in or out, or take transit of any means.

January 27, 2020: Canada's first documented case of coronavirus is confirmed as a man is placed into isolation in Toronto's Sunnybrook Hospital. He is in his 50s and has recently come back from Wuhan, China. He may have passed the disease onto his wife.

January 28, 2020: The National Microbiology Laboratory confirms that a man in his 40s has contracted the first case of the deadly virus in BC. He self-quarantines and recovers well.

February 3, 2020

Four cases of coronavirus are confirmed in Canada, three in Ontario, and one in British Columbia

February 5, 2020: The first confirmed case of COVID-19 in BC.

February 11, 2020: The virus, initially known as the novel coronavirus, is renamed COVID-19. This is due to guidelines mandating that the virus could not be tied to a geographical location, a group of people, or a type of animal, as well as concerns of stigmatization.

February 25, 2020: Iran has the second highest number of deaths and cases, after China. Over 139 cases have been confirmed, as the death toll in Iran climbs to 19. The Middle East is a prime location for the pandemic to spread rapidly, as it is a high-traffic region with many people commuting in and out of the country for trade, business and work.

February 26, 2020: The United States orders "a lot" of masks to tackle COVID-19. Trump tells Americans to "treat the virus like a flu."

February 26, 2020: Beijing places a 14 day quarantine on international arrivals from virus hit countries. There are 81,700 cases in every continent except for Antarctica. The death toll is over 2800, mostly in mainland China.

March 1, 2020: The risk of contracting the virus is deemed low for Canadians. The U.S. confirms its second death due to the virus. Iran's death toll rises to 54, and their confirmed cases jumps to 978. French authorities close the Louvre to tackle the rampant spread of COVID-19.

March 3, 2020: The WHO states that the world is suffering a shortage of medical supplies, such as surgical masks, gloves, and gowns. This leaves doctors and nurses on the front lines poorly equipped to treat infected patients.

March 5, 2020: Among 8 new cases identified in BC, there is a "community case"-- someone infected who has not recently travelled, signifying transmission within the province.



IRAN-U.S. RELATIONS

BY: GLORIA RAHGOZAR (10)

Tensions between the governments of Iran and the United States escalated dangerously on January 3rd 2020, when the U.S killed one of Iran's top military generals Qassem Soleimani and Iraqi militia leader Abu Mahdi al-Muhandis using a drone strike at the Baghdad International Airport. This attack was in response to Iranian militia members breaking into the U.S. embassy in Baghdad on New Year's Eve after an American airstrike killed members of an Iran-backed militia the preceding weekend. As a result of Soleimani's death, #WorldWarThree became the number one viral hashtag on Twitter, leading to many jokes and memes about young Americans being drafted for a third World War. This trend received fierce backlash as it was deemed inconsiderate to the millions of innocent lives at risk in Iran due to the rising tensions.

In retribution for Soleimani's death, Iran launched two missiles at two bases in Iraq housing U.S. soldiers on January 8th

2020. News reporters state that after closely examining where the missiles landed, Iran had no intention of killing. Instead, the missiles were used to prove a point: Iran should not be crossed. However, that same morning, a Ukrainian airliner crashed after taking off from the Imam Khomeini International Airport in Tehran. In retaliation, the U.S. imposed sanctions on the construction, manufacturing, mining, and textiles industries.

Three days later, Iran admitted to shooting down the civilian plane due to "human error." This sparked controversy among the Persian community as to whether the tragedy was staged. Many of the passengers were from Canada, specifically Toronto and Vancouver. No further action has been taken from either side. Historically, the U.S and Iranian tensions date back from the U.S. involvement in the Shah's 1953 coup of Prime Minister Mohammed Mosaddegh to the Iranian Hostage Crisis of 1979.

AUSTRALIAN FIRES RECAP

BY: JAS SINGH (8)

In September of 2019, prevalent bushfires sent Australia to mayhem. News outlets worldwide reported the devastation faced by the country almost immediately. Australia always had bushfires during the summer, but this year it had become a greater issue, for they were bushfires with rage never seen before. Every territory and state in Australia has had a bushfire already. Firefighters are working hard to put an end to this havoc.

Since the start of the fires, thirty-three Australians have died. The fires have gotten intense to the point where people's lives are in danger. Neighborhoods are still burning. Stores, homes, and roads are in ruins. Many homes around where the fires originated are damaged or completely destroyed.

The government of Australia is getting

a lot of backlash for their lack of help in the situation. Prime Minister Scott Morrison has been providing money for the brave firefighters and volunteers working to put out the fires. His supporters are saying that he is trying to assist with what he can, but his critics have been disagreeing with his approach. The critics say the Australian government have not taken any action to prevent the spread of the fires.

How can you help? There are multiple online methods of donating to help end the fires. There are options available to donate to the firefighters, volunteers, and the innocent civilians persevering through this tragedy. There are also resources to donate to animal sanctuaries. Please help by donating anything you can, as even the littlest donation serves as a beneficial contribution.



STRIPPED OF RELIGION, CULTURE, AND IDENTITY

BY: EMILY SHI (10) AND
SPENCER IZEN (10)

With prison camps rebranded as "free vocational training" following the disappearance of China's Uyghurs, Mainland China is still trying to draw attention away from its numerous human rights abuses. China's Uyghurs are an ethnic minority, the vast majority of whom are Muslim. More than 11 million live in the Xinjiang region.

In 2014, China declared a "People's war on terror," leading to the establishment of internment camps branded as "Vocational Education and Training Centers" in 2017. These camps, intended to re-educate those believed to be vulnerable to extremism or acts of terror, have led to the internment of an estimated one and a half to three million Uyghur Muslims as well as other religious minorities. According to an estimate by global strategists, there are over a thousand camps in Xinjiang, many of which operate illegally.

The majority of known centers house adults, whereas children of the interned are sent to state-run boarding schools. Uyghurs may be interned for anything from minor crimes to the viewing of religious media.

In documented camps, adults are made to learn Han Chinese and given lessons in "deradicalization" These practices have forced detainees to renounce their religion, culture and identity.

In September of 2019, the Guardian released satellite footage of blindfolded Uyghur detainees. The China Tribunal, an Australia based human rights group, also declared to the UN that China was harvesting organs from imprisoned Uyghurs which were then used for medical purposes, citing the extremely short organ waitlists in Chinese hospitals as proof. In November, the New York Times further released documents detailing orders for officials to maintain strict secrecy, not to allow escapees and increase discipline and punishment. China has since denied these claims.

In light of the evidence of China's atrocities against Uyghurs, the government's actions have been condemned by the UN and the international community. The UN hopes that the backlash will convince China to cease its injustices against one of the most vulnerable groups in the world.



10 YEARS OF MIDTOWN SHOWDOWN

BY: HANNAH AZAD AND JESSICA KIM (10)

Late January, Eric Hamber was buzzing with excitement for the upcoming annual Midtown Showdown. Eight senior boys' and eight senior girls' teams from the greater Vancouver were to face off for the tenth year of this highly anticipated basketball tournament. Among these teams, however, nobody was as excited and nervous to compete as our very own Hamber Griffins. Unlike during regular season games, each Midtown Showdown playoff would be spectated by a great number of the student body. "At most games, there are usually only a couple of parents watching, versus midtown showdown, even on the Saturday night there were maybe three hundred people there, which was pretty cool," exclaimed member of the senior girl team, **Laura Maclean** (12). Playing their hearts out from the beginning, all the way to their final games, each Hamber team ended up winning second place in this year's tournament.

Along with the student athletes on the senior basketball teams, other distinct groups in our school contributed their best efforts to the ten year anniversary of this beloved Hamber event. Midtown Showdown would not be possible

without the hard work and planning of our school's very own PE Leadership Classes. "I think what really stood out to me is after our team played all of our games and we came back to Hamber, all the leadership students were there until 10:00pm," explained **Carter Oxley** (11), an appreciative member of the senior boys team, "That was really cool to me because they volunteered their time from the beginning of the day right to the end at Hamber for this tournament." The efforts of the leadership students were not unnoticed by anyone who had the chance to attend. "I think in this tenth year, what was really special is to see alumnis come back, we had probably fifty or sixty different kids who wanted to come in and see it," mentioned Hamber's athletic director, **Mr. I. Sehmbi**. The attendance of these alumni displays the impact this tournament has on Hamber students. The atmosphere during both of the Hamber senior teams' final games was exhilarating, the student body on the edge of their seats. The tournament gives everyone, students and teachers alike, a chance to be integrated into the school, and show what Hamber pride looks like to them.



PHOTO CREDIT: HAMBER HIGHLIGHTS

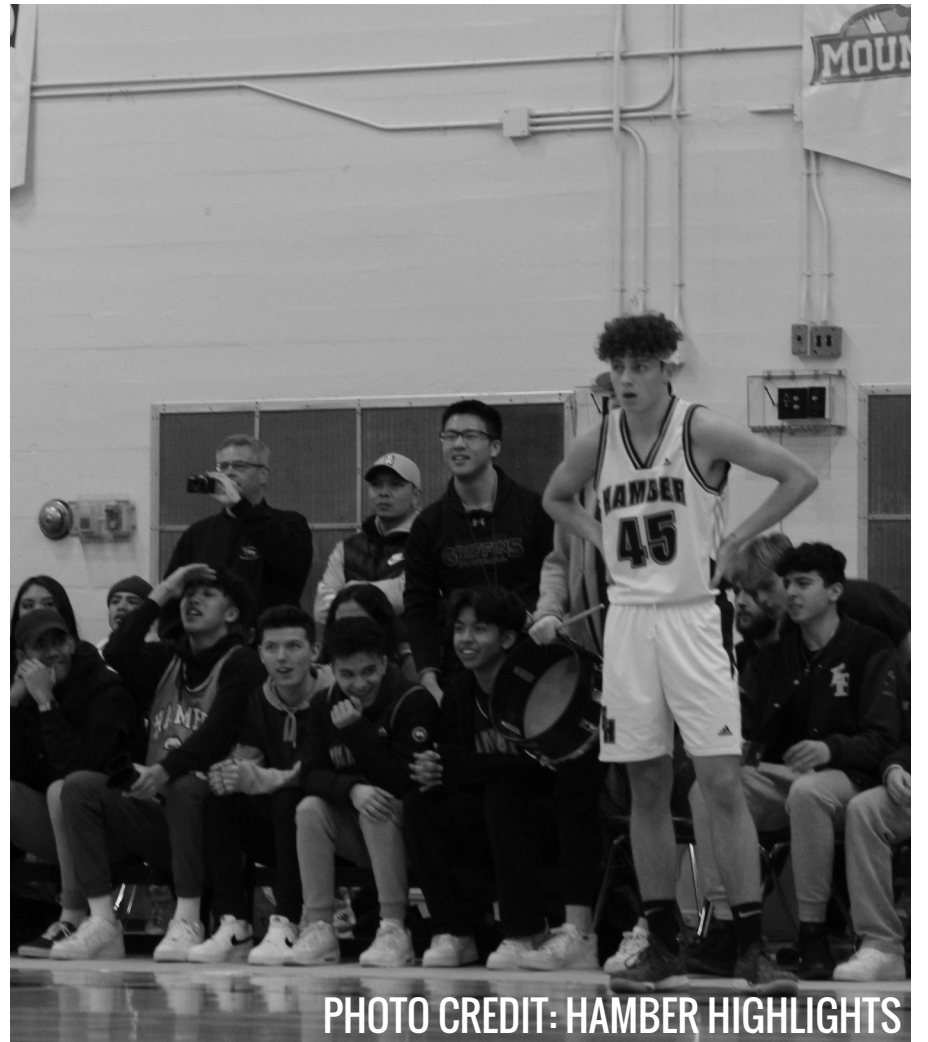


PHOTO CREDIT: HAMBER HIGHLIGHTS

LUKE LEE: A FLEDGING THUNDERBIRD

BY: ANGIE LAN (11)

"I have always had a keen interest in football since I was small, and the reason why I chose to come to Hamber was because of their football team. My brother, who is two years older than me, was also a football player at Hamber. When I first came here, I watched him play during a football game once and it looked like a lot of fun. I wanted to follow in his footsteps and compete with him, so I decided to join the team as well.

In my first two years of playing, I was only partly serious about it, but it wasn't until I was in Grade 10 for me to really get into it. Hamber won the provincial championships that year, and it showed me that if I wanted to get more play time, I couldn't just put in half of the effort; I had to give it my all. Eventually, each of these

practices started to make me think, 'Hey, maybe I can go somewhere with this.'

When I found out that I was recruited by the UBC Thunderbirds, I was really excited. Of all the schools that I was considering, UBC was the only one that I really wanted to get into, so the second I got the offer, I knew that the Thunderbirds was exactly where I wanted to end up. I was proud of myself for making it to where I wanted to be, and I'm glad that all of my hard work paid off in the end. I hope that I'll have the opportunity to win national championships with the Thunderbirds, and maybe one day I might even get the chance to play for the BC Lions as well."

- Luke Lee (12)



PHOTO CREDIT: LUKE LEE



PHOTO CREDIT: HAMBER ATHLETICS

A CRAZE FOR CURLING

BY: WILLIAM PARK (8)

"It was really cool to see how we came together as a team and could improve in such a way that we were able to move on," says **Lincoln Macdonald** (11), on advancing to Provincials from the curling Sea to Sky championship. Macdonald is part of Hamber's curling team which consists of five players. The season started in January and the team will play in Provincials in March. Macdonald started playing the sport seriously a year ago. He took more of an interest in the sport after a curling match he had with his family during Christmas, and from that point on, he signed up for a league.

Every player on Hamber's team is in their own curling league, and they practice on different rinks. On occasion, the team

practices together at Hillcrest Community Centre, while also meeting up sometimes to discuss strategy as well. Most of the time however, they choose to focus on working on individual skills. They plan to meet up as a team more to get even more practice in for Provincials.

Macdonald believes his team's biggest strength is how they work together. The one aspect he believes his team is particularly good at is strategy, which they plan to utilize in Provincials. One of the things he believes he and his team need to work on is consistently making their shots, while also staying focused, and not getting caught up in the moment. "We just got to keep making one shot at a time."

TATTOOS: COUNTERCULTURE TO CENTRE STAGE

BY: JOE SALMON (12)

Over the past few years, tattoos have gone from a counterculture statement to a rite of passage for many eighteen year-olds. Griffin's Nest caught up with Hamber's own Mr. Mugford (English) on the history of the practice, and his experience teaching with a full sleeve. "There's quite a history to it. It all starts with the prison tattoo," Mr. Mugford describes, referencing the black or grey shaded ink designs that are common now. These originate from inmates improvising with needles and ballpoint pens, creating painful stick-and-poke illustrations. A monotone design would have been a sign that the wearer had spent time in prison, as that was the best that could be done without access to colored pigments. Tattoos are still taboo in many places around the world, and even in Canada many workplaces have regulations about visible work. Even though he's never been asked to

cover his ink, the effect it can have is something Mr. Mugford has always been conscious of. "I was aware of it. [...] I would often wear sleeves, particularly at parent interviews and anything like that," he remarks. However, as tattoos become increasingly common, things are becoming more relaxed. In his youth, "certainly no teenagers that [he] could remember had tattoos. I remember a few parents, my dad had one from when he was in the military. [...] I remember thinking as a little kid that was kind of a big deal." In 2020, the thing Mr. Mugford is most concerned about is that it "can be a distraction sometimes." The increased popularity isn't something that comes as a surprise either. He comments, "Most things that are perceived to be underground eventually do make their way up to the mainstream. I like to think I got in a little bit before it got popular."



PHOTO CREDIT: SARAH AZAD MANJIRI (12)
AND GINA HALLENSLEBY (8)

WHEN WE LEFT CUBA BOOK REVIEW

BY: GLORIA RAHGOZAR (10)

Chanel Cleeton's *When We Left Cuba* follows stunning and audacious ex-sugar heiress Beatriz Perez who avenges her twins' death due to the Cuban Revolution of 1953 orchestrated by Prime Minister Fidel Castro. Now living in Miami with her family during what was supposed to be a temporary stay, Beatriz fights to restore her hometown and resolves to take down Castro as she covertly works alongside the CIA. Additionally, she must battle her mother's constant anticipation for marriage and motherhood while maintaining a forbidden romance. Despite falling under the category of historical fiction, Beatriz's outspoken nature remains relevant as she stands up against the social and cultural pressures faced by women all over the world. *When We Left Cuba* is the second book in the Perez family series, following *Next Year in Havana* which first introduces the family in present day, therefore one generation ahead of the tales in *When We Left Cuba*. The

anticipation for Cleeton's sequel was far from disappointing. Prior to plunging into Cleeton's books, I had no knowledge on the Cuban Revolution, yet her writing expressed history in a way that made learning intriguing and interactive. The emotion and struggle her characters explored provided an intimate perspective on the impact of the revolution, implementing an exhilarating insight to what might seem to be a boring history lesson. The only minor irritant is that at times, the dialogue feels as if characters are quoting textbooks, detracting from the natural flow of conversation. Beatriz faces hardships and seeks justice, all while juggling the longing for an unexpected love. She finds herself at a crossroads as infatuation and vengeance compete for a place in her future. With a captivating twist between personal affairs and political history, Cleeton has written a compelling and thought-provoking novel that should not be missed out on.



PHOTO CREDIT: FLORA ZHOU (12) AND KATJA RADOVIC-JONSSON (8)

Q&A WITH ISAAC ROBINSON: DOC AND CHEF

BY: KATJA RADOVIC-JONSSON (8) AND
ALICE MANDLIS (8)

Q: What are some of your achievements in the culinary world? Have you been in any competitions? If so, which ones?

A: I did the regional Skills Canada cooking competition for the last two years. I did alright the first year, and last year I won the regional competition. I've also worked at a restaurant: the Seasons in the Park. I worked there for about a year, [which was] kind of cool.

Q: What's your favourite dish to cook? Why?

A: I like to make a lot of things, but there's one pasta dish that I always make when I'm hungry, because there's only three ingredients, and it's really easy to make. It tastes really good too, and [I love] anything that's simple and really easy to make.

Q: When and how did you first discover your passion for cooking? Did you learn it all on your own, or did you take lessons/classes?

A: My mom taught me how to cook when I was in grade seven, because the only thing I ate was Nutella on toast. I learned how to make fried rice. I actually didn't really like cooking for a while. Then, in Grade nine, I took a Foods class, and there were a few friends I had in the class. We tried to out-do each other in each dish we made. It got a little over the top sometimes, but I developed a drive to try more with food.

Q: When did you decide to create an Instagram account to showcase your food?

A: Originally, the Instagram account wasn't made to showcase food. I liked posting memes as a Grade seven and eight student, and then I started deleting those, and I liked posting dog pictures, and then I was into art, so I started to post art. And as I started cooking more, I figured I might as well post some food pictures. That's basically all I do now.

Q: Do you consider cooking a hobby or a

career? Are you planning on pursuing it as a profession after you graduate?

A: I have some experience [cooking] professionally. I tried it because I was curious about actually pursuing it as a career. But I found that I really don't like it. Cooking professionally is very different from cooking at home. There's a lot more pressure on you, and you're given less freedom with what you cook and when you do it.

I plan to study sciences after high school and eventually study medicine and become a doctor. I personally feel the most interesting part of cooking is in studying the science behind the techniques themselves. To me, cooking is a very approachable way of studying the scientific method and understanding chemical processes. Studying medicine would allow me to further pursue an understanding of the physical world, while simultaneously putting me in a position where I get to help people in need (the very high pay is also a bonus).

Q: Do you prefer to follow recipes or wing it when it comes to cooking?

A: I only follow recipes for very tricky baking stuff. I mean, I've never used measuring cups at home.

Q: Do you like pineapples on pizza?

A: I don't personally like pineapple on pizza. I don't have anything against people who do like it, but it's not for me.

Q: Finally, and most importantly: When you tell everyone to stay shiny, what do you mean?

A: Like, kind of, stay happy, stay positive, that kind of thing. Like figuratively, stay shiny. I don't know why I say that, it just kind of became a thing.

A LOOK INTO HIGH SCHOOL DEBATE

BY: DEAN ROHMAN (10) AND EMILY SHI (10)



PHOTO CREDIT: ERIC HAMBER DEBATE TEAM



PHOTO CREDIT: GLORIA RAHGOZAR (10)



PHOTO CREDIT: GLORIA RAHGOZAR (10)

If one is ever wandering the third floor halls on a Thursday after school, one might just hear the sound of stifled laughter, stellar rhetoric and hands aggressively slapping tables coming from Room 316. Knock and you will discover one of the school's best, or perhaps worse-kept secrets: the Eric Hamber Debate Club. But secret it must be, for why else would everyone not join? Imagine a world where everyone, despite being a little stressed, is always having fun, improving their reasoning and public speaking skills, and eating stolen bread from Crofton's cafeterias. This is the world of Hamber debate.

"What makes debate so great is that we all come from different places in life and yet are able to have really deep and meaningful conversations about the state of the world," Maya Sadra (11) shares. Jessica Tobin (9) reveals that although she felt very anxious entering the debate environment, club members quickly made her feel comfortable.

Hamber debate is also unique because it is one of the

few public schools that not only active in the Vancouver debate circuit, but is also able to consistently hold their own against their competition. Whereas the majority of schools that compete are either privately funded or cut-throat debate academies or both, Hamber prides itself on the progress of its members instead. The amount of personal progress that has been made is irrefutable.

For **Anna Wodzicki** (11), debate has taught her that "there are always two sides to an issue, even if it may seem black and white at first." She speaks of being humbled by "going into a debate with a set idea of what is right and coming out with a completely new perspective." **Haley Sengsavanh** (12) and **Maiya Dixel** (12), the departing club heads and official club moms, echo these sentiments. Sengsavanh says that the number one thing debate has taught her is self confidence. Dixel believes debate has taught her "how to use a variety of resources for research and investigation."

Aside from learning valuable lessons, the two moms

have taught many lessons as well. Sadra describes how the club heads have taught her that her voice has value among more experienced peers and that "delivery is sometimes more important than content." Tobin adds, "They have both taught me that even if it goes south, everything is a learning experience. In short, always try even if you think you'll fail."

Hamber debate has taught its members to be resourceful, persuasive and analytical. In turn, they have taught each other to be unapologetic, confident, and self-assured. It is not a stretch to say that debate is fostering a generation of highly-informed and intellectual citizens who are deeply aware of the power of their voice.

We will see you on Thursday afterschool, in room 316.

PHOTO CREDIT: NISHA TIANGRATANAKUL (10)

ON THE JOURNEY TO SKILLS CANADA

BY: CLAIRE HAN (10) AND BEVERLY NGO (10)

Skills Canada BC is an annual competition hosted by secondary and post-secondary schools that supplies students with opportunities to showcase their specific areas of interest. Students are able to thoroughly test their abilities in trades, arts, and technologies, giving them a unique experience to carry into the rest of their lives. Keep reading to know more about a few Hamber students that participated in this amazing competition.

Starting off with fashion design and technology, arguably one of the main competitions in Skills Canada, the students described the atmosphere as "high pressure" and "exciting", and tense with silence and focus. "If a person were to walk into the room during the competition they would want to walk out," **Joanna Luo** (12) stated. Many other fashion design students had similar opinions, such as **Mihiro Oikawa** (11) who told us, "It was intense; I saw people running around with worried looks on their faces, and it made me nervous about my own [product]."

Although the competition itself is immensely stressful and straining, they have learned to not only master textile drafting and sewing techniques, but also how to multitask, problem solve, and prepare themselves for high pressure situations. Additionally, the stunning denim dresses produced in these

competitions became a source of pride for the students who participated. **Sofia Parades-Heidemann** (12) eagerly talked about her favourite piece, her dress from last year's regional competition. An unbelievable amount of preparation goes into the making of their one item. Parades-Heidemann described her planning methods, explaining, "I made five prototypes of my dress before I went into the competition."

Another major component of Skills Canada is culinary arts. Although **Isaac Robinson** (12) described the general atmosphere for this section as "pretty laid-back", there is no doubt that there are just as many difficulties and pressure on the students. Time management and precise organization are crucial in order to be able to complete the task successfully. This competition allows these students to have a deeper understanding of their skill level and what improvements they can implement in the future. Many culinary arts students also agreed that the intense competition gave them motivation to perfect their recipes and realize where improvements could be made.

Skills Canada helps students to not only gain valuable knowledge and advance their talents, but to develop a stronger passion for their skills, whether it is a favourite pastime or a desirable career path.

THE LES MIS EXPERIENCE

BY: ALLISON LEE (8) AND KATJA RADOVIC-JONSSON (8)

What's your favourite part about being in the musical?

"My favourite part of being in the musical is the bonding that we have. Everyone on cast knows each other, and we all love each other."

Isabelle Jang (8)- Ensemble

What's your favourite memory of being on the cast?

"Everytime we sing *One Day More* and the *Finale Song*, it feels so special. It makes me feel so proud of the cast."

Judy Li (10)- Ensemble

"My favourite memory is when everyone was sitting in the choir room, and Javert's song played. Everyone collectively bobbed their head up and down."

Emily Shi (10)- Madame Thénardier

Are you nervous for the show? Why or why not?

"[Yes.] It's my first time being in a musical theatre production with Hamber, and I think it's just like the good nerves that you get when you're putting on something that you've worked really hard on."

Julia Grabovac (12)- Éponine

Do you think your position in the crew is underrated?

"Yeah. I think [people] know that we do quite a lot, but it's just funny to make fun of us." **Jenny Li** (10)- Front of House

Crew members: do you wish you could be part of the cast?

"No. I can't sing for the life of me. Like, if I sang in front of the cast, people will be running for the hills."

Lily Kong-Walker (9)- Props

Who's your favourite character in the musical?

"The role I would've wanted to play is Éponine, but I like Javert because he's so complex. He's seen as the villain, but in reality, he's just doing what he thinks is right."

Noeka Nimmervoll (12)- Ensemble

What other part of the crew might you want to be of?

"Costumes. Running crew+ seems fun too."

Shahreen Chowdhury (8)- Hair & Makeup

Are you afraid of messing up your job on show nights?

"Yes." - The Sound Crew (collectively)

How do you deal with homework when rehearsals end so late?

"Sometimes I get up early in the morning rather than stay up late doing homework, because I'm more ready to work then."

Mackenzie Paemoller-Amisano (8)- Gavroche

Are you part of any other extracurriculars in Hamber?

"Yeah. I'm part of debate [club], and we meet every Thursday so I haven't attended in a while."

Maiya Dexel (12)- Hair & Makeup

Are you getting tired of rehearsing the same lines every rehearsal?

"No, I think it helps me get into my character. Each time I practice, I'm improving how I say it and what I'm doing when I say it."

Mackenzie Paemoller-Amisano (8)- Gavroche



PHOTO CREDIT: ONLINE SOURCE

"CONGRATULATIONS TO THOSE MEN."

BY: MARISSA LEAR (10)

A Congratulations to those men. These were the words spoken by Issa Rae as she introduced the all male directing category for the 2020 Oscars. Even though there are more than a handful of equally talented female directors, they were all still snubbed for this award. In fact, female directors over the course of the past 92 years have been robbed of this honour; only five females have ever been nominated. Critics believe this is because the Academy is dominated by older white men.

The same goes for the Golden Globes, as not a single female director was nominated. The Farewell, directed by Lulu Wang, took the Golden Globes by storm but she still did not receive a directing nomination. Little Women received 6 nominations at the Oscars, but Best

Director was apparently too much for what critics are calling the "near perfect" film.

So, what is the problem? Is it the people making these decisions? Is it because there aren't enough female directors? What is it that makes this gender gap one of the biggest problems today? Last year, less than 11% of the top 100 films were directed by women, however this year, the number of extraordinary films made by women exceeds the nomination limit for the Golden Globes and Oscars combined. What is the barrier keeping talented women out of this category? One can only guess. There has been one female director in the past 92-year history of the Academy Awards to win this category. I surely hope this changes before the next century runs out.

PHOTO CREDIT: FLORA ZHOU (12)



ANTICIPATED MOVIES OF 2020

BY: BIANCA TAKENAKA (8) AND REYA KHANNA (8)

Filmography is entertainment that has been enjoyed since Thomas Edison invented the first-ever motion picture in 1893. We have come a long way since then and have produced many more amazing films. This article compiles some upcoming movies that we think will be entertaining to watch.

Onward

Set in an animated fantasy world, *Onward* was recently released on March 6th, 2020. Two young brothers, Ian and Barley Lightfoot, (voiced by Tom Holland and Chris Pratt) try to bring their de-

ceased father, Wilden Lightfoot, back to life for one day. They set off on a journey to find the last bit of magic left in the world. Pixar brings these two brothers to life and exposes a story that explains the importance of family through comedy and adventure.

Black Widow

Coming out on April 24th, 2020 is yet again another exhilarating *Marvel: Avengers* film. Natasha Romanoff, also known as Black Widow is back; but with her own movie. Played by the phenomenal Scarlett Johansson, Romanoff was sent to the KGB at birth to become their leading agent. Due to the U.S.S.R separation, the government is now after her. *Black Widow* also stars David Harbour as the dual-personality Red Guardian.

In The Heights

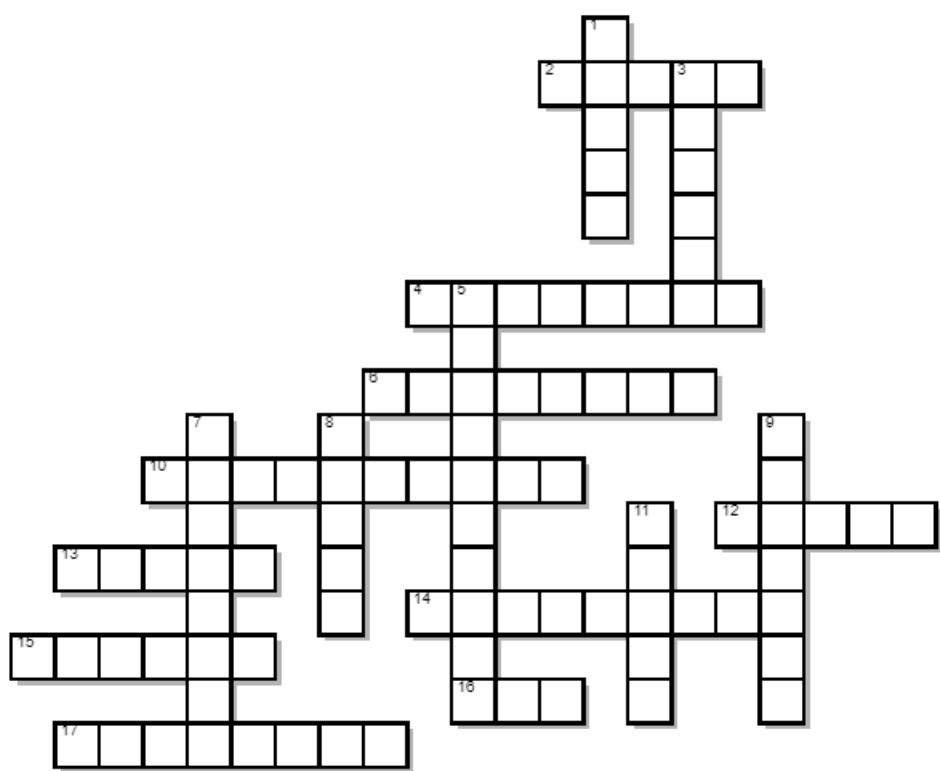
Anthony Ramos, from *A Star Is Born*, portrays the lead character Usnavi. Corey Hawkins, from *Iron Man 3*, will be playing his troublesome co-star Benny. *In The Heights* follows a group of close friends living in the Latin-American neighborhood of Washington Heights, New York City. The characters grapple with the reality of earning money and making payments. Ramos shows off his wide range of emotions when playing Usnavi; including grieving his parents. Jon M. Chu directs this

movie musical that doubles as an influential lesson on race and growth. *In The Heights* will be two-stepping it's way to theatres on June 20th.

Ghostbusters: Afterlife

Ghostbusters: Afterlife will be released on July 10th, 2020. This film stars Bill Murray and Dan Aykroyd, who are reprising their roles from the original *Ghostbusters* films. Finn Wolfhard from *Stranger Things* and Paul Rudd from *Antman* join them as well, playing the role of Trevor and Mr. Grooberson. This movie takes place thirty years after the original *Ghostbusters* and involves a mother and her two children who find out they have a strong connection with their grandfather, an original Ghostbuster. They unlock his hidden past by moving to a new town.



CROSSWORD
CORNERBY:
HALEY SENSAVANH (12)
& SARAH AZAD (12)

DOWN

- 1 First name of the remaining female candidate left in the US Democratic race
- 3 Prince Harry and Meghan Markle's son
- 5 City that is hosting Skills BC Provincials in April
- 7 Award-winning film directed by Bong Joon-ho
- 8 The Bachelor Peter Weber's profession
- 9 Character played by Anne Hathaway in the movie version of *Les Misérables* (2012)
- 11 ___ Mentality; Famous phrase attributed to Kobe Bryant

ACROSS

- 2 City in China where COVID-19 originated
- 4 Jean-Paul ___, famed designer who hosted his last haute couture runway show in January
- 6 Black History Month
- 10 New single from Dixie Chicks, released May 1st, 2020
- 12 Country President Trump and First Lady Melania visited in February for their first state visit
- 13 The newest live-action Disney movie remake, will be released March 26, 2020
- 14 Last name of the top Iranian military general killed on January 3rd, 2020
- 15 First name of the March 2020 Vogue cover star, popular singer of songs like "Bad Guy"
- 16 Abbreviation of 'Director of Communications'
- 17 TikTok dance created by Jalaiah Harmon to "Lottery" by K Camp

ASK
THE NEST*Hi The Nest,**I've been feeling really pressured due to school lately, so I'm looking forward to spring break. What are some fun activities I can do to take my mind off of school?**Sincerely, Burnt Out*

Hello Burnt Out.

You're certainly not the only student who feels tired after these stressful past few months. During spring break, make sure to recover by doing things you enjoy like meeting with friends to play sports at the park or watching a movie. We really love cooking and baking with our families and catching up on our sleep! Hope you have an amazing break!

*Dear Mr. Nest,**I feel like I'm missing out on a lot! For example, I'll shown up to school dressed regularly but everyone else is in Hamber colors! Or everyone will be lining outside the cafeteria with a mug for hot chocolate and I don't have any! Why am I unaware of all these activities???**Thank you, Feeling Uninformed.*

Hey Feeling Uninformed!

A lot of the information for events are mentioned on the announcements or put on a banner near the trophy case. Make sure you're keeping an eye out and an ear open! You can also find all the event information posted on the Student Council Instagram beforehand. We'd hate to have you miss out, so make sure to give @ehstuco a follow! Best of luck!

*Hey The Nest,**I'm a grad and I'm really stressed out over Prom! I finally figured out where to find my dream dress and bought a pair of shoes to match, but there's still one thing I'm missing... my date! What do I do?**Best Regards, Feeling Lonely :((*

Hey there Feeling Lonely. First of all, congratulations on finding a great outfit! But secondly, don't fret! There are still a couple months until prom and you never know! Maybe the lucky girl or guy you've been eyeing will propose to you! But if not, you still don't have to worry at all. You can always take the initiative to ask them out yourself too. But lastly, Prom isn't about dating and couples. There is nothing wrong with going with friends and not having a boy/girlfriend there with you. Don't forget to enjoy the night and make some valuable memories.



Do you need advice?

Ask The Nest

Submit your concerns to us and we'll publish it anonymously with some words of advice!

dm @ehnewspaper or email at ehnewspaper@gmail.com!